

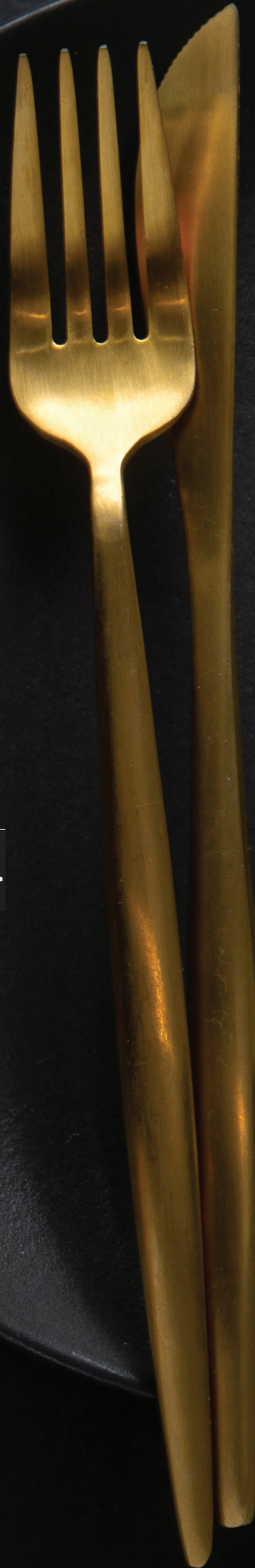


MODERN  
AMERICAN SCHOOL

# MENU



BLUE FIG



## HEALTHY SNACKS

- 1.00 VEGETABLES CUP
- 0.75 GRANOLA BARS
- 0.75 DATE BARS
- 1.75 CHIA CHOCOLATE PUDDING
- 1.50 FRUIT SALAD
- 1.50 GRANOLA & STRAWBERRY YOGURT
- 1.75 MUESLI STRAWBERRY & BANANA

## MANQOUSHEH & PIZZA

- 1.00 ITALIAN BOCCONCINI
- 1.00 FARMERS HARVEST
- 0.75 ZATAAR MANQOUSHEH
- 0.75 CHEESE MANQOUSHEH
- 1.00 CHEESE & ZATAAR MANQOUSHEH
- 1.00 CHEESE & SMOKED TURKEY  
MANQOUSHEH

## CROISSANTS & CRUSTS

- 1.00 CHEESE CROISSANT
- 1.00 CHOCOLATE CROISSANT
- 1.00 ZATAAR CROISSANT
- 0.75 PLAIN CROISSANT
- 1.50 HALLOUMI CROISSANT
- 1.50 SMOKED TURKEY CROISSANT
- 0.50 PRETZEL

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## HOT MAIN DISH

MEAL OF THE DAY

## HOT VEGETERIAN MINI DISH

MEAL OF THE DAY

## SOUP

SOUP OF THE DAY

## SALADS

- 2.25 **JARASH ARENA**  
Mixed lettuce, fresh mushrooms, beetroot, mint & thyme served with balsamic dressing, topped with coated labaneh balls
- 2.25 **GREEK FIELDS**  
Lettuce & vegetables tossed with lemon sauce, topped with feta cheese, olives & oregano
- 2.25 **CAESAR'S GLORY**  
Lettuce tossed with light caesar dressing, topped with slivered Parmesan cheese & croutons
- 1.50 **KANI SALAD**  
Rice noodles mixed with cucumber, sweet corn, white cabbage, carrot served with kani sauce and crab sticks
- 2.75 **MEXICAN QUINOA**  
Iceberg lettuce, roasted red pepper, quinoa & roasted sweet corn topped with avocado mixture & white cheese, tossed with lemon Mexican sauce
- 1.25 **TUNA PASTA**  
Elbow pasta mixed with mix bell pepper, sweet corn, cucumber, cherry tomatoes, pickles and oregano served with lemon mustard sauce and fresh tuna

## COLD SANDWICHES

	REGULAR	LARGE
<b>HALLOUMI CHEESE</b>	1.25	1.75

Soft multigrain bread comes with grilled halloumi cheese, olive, basil pesto and rocca in multigrain focaccia

<b>SMOKED TURKEY</b>	1.25	2.00
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Filled with Master Dijon, red lettuce, cheese Gouda, Smoked Turkey, tomatoes, and multigrain bread

<b>CLUBHOUSE</b>	2.00	2.50
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Roast beef, smoked turkey, iceberg lettuce, tomatoes, gouda cheese, cheddar cheese & cream cheese del focaccia brown bread

<b>MIX CHEESE</b>	1.00	1.50
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Iceberg lettuce, tomatoes, gouda cheese, cheddar cheese & cream cheese del mix seed

<b>ROAST BEEF</b>	1.75	2.25
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Roast Beef, Iceberg lettuce, tomatoes, emental cheese and brown bread

<b>CREAM CHEESE CHICKEN</b>	1.75	2.50
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Stuffed with grilled chicken, cream cheese and sun dried tomatoes, red lettuce, Gouda cheese in french baguette bread

## HOT SANDWICHES

	REGULAR	LARGE
<b>CHICKEN PESTO</b>	1.75	2.50

Chicken breast, Iceberg lettuce, pesto sauce, mayonnaise, Artichoke, Emental cheese, roast tomatoes in focaccia bread

<b>ITALIAN MARINARA</b>	1.75	2.50
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Stuffed with grilled chicken, with black olives, red peppers and roasted corn, cheddar cheese in focaccia bread

<b>BEEF FAJITA</b>	2.50	3.25
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Mexican tomato sauce, beef, onion, bell pepper, topped with melted cheddar cheese and pepper in focaccia bread

<b>CHICKEN FAJITA</b>	1.75	2.50
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Mexican tomato sauce, beef, onion, bell pepper, topped with melted cheddar cheese and pepper in focaccia bread

<b>CHICKEN ALFREDO</b>	1.75	2.50
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Served with grilled chicken, mushrooms and creamy rosemary sauce in Italian ciabatta bread

<b>CHICKEN BBQ</b>	1.75	2.50
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Stuffed with grilled chicken, BBQ sauce, red pepper, cheddar cheese and mayonnaise in Italian ciabatta bread

## DESSERTS

- 0.65 CARROT MUFFIN
- 0.65 CHOCOLATE MUFFIN
- 0.65 DARK CHOCOLATE CHIP COOKIES
- 0.65 WHITE CHOCOLATE CHIP COOKIES
- 0.65 OATMEAL COOKIES
- 0.75 CINNAMON ROLL
- 0.75 LAZY CAKE



## OTHER HOT

- 1.25 HOT CHOCOLATE (SMALL)
- 1.50 HOT CHOCOLATE (REGULAR)
- 1.75 HOT CHOCOLATE (LARGE)
- 0.50 TEA & HERBAL INFUSIONS
- 0.50 ENGLISH BREAKFAST TEA

## MORE COLD

- 1.75 SOUR BREEZE
- 1.50 ICED TEA
- 0.25 MINERAL WATER - REGULAR
- 0.50 MINERAL WATER - LARGE
- 1.75 ORANGE FRESH JUICE
- 2.75 VERY BERRY
- 1.50 MANGO SHERBET
- 0.50 PACKED JUICE
- 1.50 PERRIER